



HOPS N SHINE

BEER ♦ BITES ♦ MOONSHINE

Please note all recipes are made to order so there may be differences in nutritional value. This is all an estimate, we can't guarantee this is 100% accurate

LOADED GRILLED CHEESE

A few of our favorite creations served on sliced Keto bread
(6g net carbs per sandwich).

Build Your Own \$8.00

Built on Keto bread then add up to 4 cheeses for free, and additional add-ons (at additional cost).

Double Fried, Triple Layered, Ham & Cheese \$9.50

Sliced ham fried and topped with melted cheese stacked high with 3 separate layers of ham and cheese. (8g net carbs)(32g fats)(2g sugars)(varies per cheese)

TBA \$10.50

Turkey, bacon, avocado, and Muenster grilled.

(8g net carbs) (52g fats) (2.5g sugars)

Eeezy Capreeze \$9.50

Fresh sliced Mozzarella, tomatoes, and basil.

(7.2g net carbs)(23g fats)(3g sugars)

Let's Shroom \$9.50

Grilled portobello mushrooms, arugula, and Muenster cheese.

(8.1g net carbs)(24g fats)(2.1g sugars)

Original Gangsta Grilled Cheese \$7.50

Loads of American cheese with a side of avocado slices.

(8g net carbs)(67g fats)(2g sugars)

Herbalicious \$8.50

Cheddar cheese, arugula, tomato, and grilled red onion and our garlic pesto sauce. (9.8g net carbs)(31g fats)(4.3g sugars)

Steak & Cheese \$9.50

Thinly sliced prime rib grilled with onions, green peppers, red peppers,

American cheese, & mayonnaise. (12g net carbs)(37g fats)(7g sugars)

Open Faced Tuna Melt \$8.50

A heape of tuna salad, sliced tomatoes, & Muenster cheese.

(8g net carbs)(128g fats)(4.1 g sugars)

Cheesy Burger Melt \$10.50

A 1/3 pound burger patty, sandwiched between a ton of cheese and bread.

(6g net carbs) (52g fats) (2g sugars)

Holy Cheesus \$8.50

Cheese on both the outside and the inside! Cheddar, Pepper Jack, American and Muenster on the inside, and our 4 cheese shredded blend on the outside!

(8g net carbs) (33g fats) (2g sugars)

CUSTOMIZE

All sandwiches come with half an avocado and 2 slices of bacon!
Upgrade to Avocado Salad for \$2!

(19 f)(.5 nc)

fat = f, net carbs = nc, grams = s*

Proteins +s2

Bacon (8 f)(0 nc)(0 s)

Tuna Salad(9.5 f)(9.5nc)(0 s)

Turkey Breast (8.4 f)(0 nc)(0 s)

Ham (5.6 f)(1.1 nc)(0 s)

Grilled Chicken (4 f)(0 nc)(0 s)

Thin Sliced Ribeye

(4 f)(0 nc)(0 s)

½lb Burger Patty (8 f)(0 nc)(0 s)

Veggies & Fruit +\$0.75

Tomatoes (0 f)(1.2 nc)(1 s)

Onions (0 f)(2 nc)(.9 s)

Spinach (.1 f)(.5 nc)(.1 s)

Jalapeño (0 f)(4 nc)(0 s)

Arugula (0 f)(.1 nc)(.1 s)

Pickles (0 f)(8 nc)(7 s)

½ Avocado

(\$1.50) (11 f)(2 nc)(.5 s)

Grilled Portobello Mushrooms

(\$1.50) (0 f)(2 nc)(0 s)

Cheeses

Cheddar (28 f)(0 nc)(0 s)

Muenster (24 f)(0 nc)(0 s)

American (16 f)(2 nc)(0 s)

Pepper Jack (24 f)(0 nc)(0 s)

Cheese Blend (28 f)(0 nc)(0 s)

+

Parmesan (extra \$0.50)

(11.4 f)(1.6 nc)(.3 s)

Fresh Mozzarella (extra \$0.50)

(12 f)(0 nc)(0 s)

Vegan Mozzarella (extra \$0.50)

(17 f)(28 nc)(0 s)

Sauce/Dip/Dressing

Pesto (.5 f)(1.5 nc)(.3 s)

Yellow Mustard (0 f)(0 nc)(0 s)

Chipotle Aioli (6 f)(4 nc)(0 s)

Chimichurri (8 f)(2 nc)(0 s)

Sides (extra \$1.50)

APPETIZERS

Jumbo Wings 8/\$9 - 16/\$17 - 25/\$25

(0g net carbs)(21g fats) per order of 8

Jumbo wings beer brined and fried. Drench them in any of our 7 wing sauces, rubs, and dips listed from least spicy to spiciest

SALAD

Popeye Salad \$10.00

Spinach salad, with hard boiled egg,

bacon bits, with a vinaigrette dressing.

(7.1g net carbs) (18g fats) (4.6g sugars)

+ Ranch (2 nc)(15 f)(0 s), Parmesan garlic (2 nc)(6 f)(0 s), Chimichurri (1 nc)(5 f)(0 s),

Spicy Parmesan Garlic (2 nc)(6 f)(0 s), Buffalo (0 nc)(0 f)(0 s),

Mad Dog 357 Sauce (SUPER SPICY) (0 nc)(0 f)(0 s)

FIND US ON FACEBOOK, INSTAGRAM, UNTAPPD, AND YELP AT /HOPSHINE

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